Week 3 – Military-Inspired Case Studies and Integration

Key Topics:

- Theological Dimensions of Suffering
- Emotional Patterns of Grief in Complex Environments
- Psychological and Spiritual Impact of Long-Term Trauma
- Real-World Case Analysis: Trauma in Military, Family, Identity, and Career Contexts
- Trauma-Informed Approaches to Ministry, Counseling, and Community Support

Featured Case Studies:

1. **"The Silence of the Survivor"** – Combat trauma and family disconnection
2. **"A Wife in Waiting"** – Anticipatory grief, isolation, and identity loss during deployment
3. **"The Career Cut Short"** – Identity trauma and professional grief
4. **"Generational Re-entry"** – Cultural, relational, and emotional displacement in transition from service

In-Class Activities:

- Group Discussion & Case Study Roleplay
- Application: What Would a Trauma-Informed Response Look Like?
- Guided Journaling: *"Which case reflects my understanding most?"*

Final Written Assignment:

Due: Wednesday, May 14, 2025
Length: 500 words
Prompt: Reflect on what you have learned about grief, trauma, and their emotional and psychological dimensions. Share how this course has deepened your awareness, impacted your personal or professional perspective, and informed how you may serve others.

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