



**Substance Institute – Intercessor’s Diploma
Student’s LESSON 2 & Homework
Intercessors Spiritual Defenders
Intercessor’s Spiritual Development Program**

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**INTERCESSORS
SPIRITUAL
*Defenders***

Lesson 2 – Prayer Bridge & Types of Prayers

Table of Contents

1.	PRAYER OF THANKSGIVING	4
2.	PRAYER OF SUPPLICATION	4
3.	PRAYER OF REQUEST.....	4
4.	PRAYER OF INTERCESSION	4
5.	PRAYER OF NEGOTIATION	4
6.	PRAYER OF IMPRECATION	4
7.	PUBLIC PRAYER	4
8.	CORPORATE PRAYER.....	4
9.	THE PRAYER OF AGREEMENT.....	4
10.	CLOSET PRAYER	4
11.	PRIVATE PRAYER	4
12.	PRAYER OF WORSHIP.....	4
13.	PRAYER OF CONSECRATION.....	4
14.	PRAYER OF FAITH	4
15.	PRAYER IS COMMUNICATING WITH GOD	4
16.	PRAYING FOR BOLDNESS.....	4
17.	PRAYING IN THE SPIRIT OR PRAYING IN TONGUES.....	4
18.	PRAYER OF CONFESSION AND REPENTANCE	4
19.	PRAYER OF DEDICATION OR CONSECRATION	4
20.	SPIRITUAL WARFARE	4
21.	PRAYING THE WORD.....	4
	<i>Description of the Substance Within Prayer Life’s characteristics:</i>	5
	<i>About the Prayer Bridge.....</i>	6
	<i>Faith and Your Prayer Life.....</i>	8
	<i>Biblical Character’s Homework.....</i>	9

Lesson 2 – Prayer Bridge & Types of Prayers

As an intercessor your position and post can be summed up like this 1). **Endorsement of the Lifeguard**, 2). **Essence Life care** & 3). **Extraordinary for Lifeway of the Church**.

There are three (3) reasons to pray for your Pastor - for inspired utterance; for boldness in preaching; and for clarity of preaching the gospel.

1). **Endorsement of the Lifeguard** means that you support, encouragement, give affirmation, and validation (SAVE) to intercede for your church, it's Pastor, leaders, departments and all the function of your church is as if you are the lifeguard. As a lifeguard, sits high and looks over the whole beach or a specific area. A lifeguard's duties are to rescuer people who are in distress, pain, difficulty, hardship, grief, misery, concern, upset, trouble, torment, stress, worry and the list can go on and on.

2). **Essence Life care** means that you are the core, the soul, the heart, the principle, the lifeblood, and the conduct in which you make sure that the prayer request is going to make it to God in your way of communicating with Him, in a way of interceding for others through you praying for them.

3). **Extraordinary for Lifeway of the Church**. When you pray you are odd to some people, even to your family members. But the lifeway of the church is because of your unusual, expected, astonishing, surprising, peculiar and uncommon way you pray to the Father.

There are many different types of prayers found in the Bible; some given by name and others by example.

Lesson 2 – Prayer Bridge & Types of Prayers

Communion - _____

Supplication - _____

Intercession - _____

Spiritual Warfare - There are two types:

Dealing with yourself

Your _____ is the battlefield

_____ and Forgiveness

Dealing with _____ and demons

Putting on the Full _____

_____ & Loosing

Prayers of Agreement _____ Corporate Prayer _____

_____ & Pray - Continual State of Awareness as a Watchman on the Wall

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19. PRAYER OF DEDICATION OR CONSECRATION
20. SPIRITUAL WARFARE
21. PRAYING THE WORD

Lesson 2 – Prayer Bridge & Types of Prayers

1. **Pray the promises to believe -**
2. **Thank God and declare trust -**
3. **Ask for more understanding -**
4. **Pray the exhortations to obey while reading -**
5. **Commit to obey the truth -**
6. **Ask God for empowerment -**
7. **Pray slowly and softly**
8. **Take time to journal**
9. **Pray-read the descriptions of Jesus**
10. **Use the acronym A-R-K**
 - A - Agreement –**
 - R - Revelation -**
 - K - Keep the prophesy -**

Description of the Substance Within Prayer Life's characteristics:

1. **Birthing** - Birthing through prayer is often a process of waiting on God. The Holy Spirit moves on you to pray on behalf of others with labour pains, becoming uncomfortable and feeling stretched and stressed in the following areas – mentally, physically and emotionally. The Holy Spirit is like the midwife which encourages you to keep pushing (praying until something happens). When the prayer is finish you feel like you have birth something in the spirit through prayer. For example, Hannah 1 Samuel 1 prayed and made a vow (voice of your words) asking God to have favor on her.
2. **Ministering** - Ministering praying is when you pray, and you are ministering to the person/people listening. This type of praying is like you are caring, nursing, comforting, aiding and supporting them in prayer. The Holy Spirit gives you a need to pray as if you are attending to them through prayer. For example, the widow in Luke 18 continually went to the judge asking him to avenge her of her grievance.
3. **Warfare** - Warfaring praying is like you are in battle coming against encountering obstacles and attacks Satan will send to the person(s) / people's directions. You find yourself in a between spiritual darkness and you are praying to for the spiritual light to breakthrough. When you pray

Lesson 2 – Prayer Bridge & Types of Prayers

for people who are experiencing warfare troubles as mentioned in John 16:33; remember God has equipped us for warfare and the Holy Spirit instructs to be alert in praying warfaring.

4. **Interceding** - Interceding praying means you are affecting change by praying God' work; stand in the gap, doorway, place a hedge of protection to intercede. You are used to renew hope, life, and faith to people you are praying for. You cause change to come spiritually which effects the atmosphere through intercession. For example, Ezekiel in Ezekiel 37 prayed, spoke to the valley of dry bones because he was interceding for the Nation of Israel.
5. **Listening** - Listening praying means you talk to God and He talks with you. You take quality time to listen to God. You find yourself resting in as you listening to God's response. You are okay with such scriptures as Psalm 46:10 ("Be still, and know that I am God") and John 10:27 ("My sheep listen to my voice") to assert that the Bible teaches listening prayer; and John 7:16 ("My teaching is not my own. It comes from the one who sent me") to claim that Jesus Himself engaged in listening prayer, and that's the reason He knew what to teach.
6. **Quietness** - Quietness praying means it requires you to listen and wait. This form of praying does not feel like you are even praying. We find ourselves wanting to make room for God's voice, instruction, teaching us to say or do something to get God's attending. Quietness is another way to pray to God.

About the Prayer Bridge

- There is a bridge that connects the producer to the product.
- Each on the planks makes up the step for the bridge.
- The Prayer Bridge is over 3 types of waters: -
 - Trouble waters - praying while something is happening
 - Calm waters - praying before something happens
 - Stirring waters – praying after something happens

Lesson 2 – Prayer Bridge & Types of Prayers

Spiritual Facts



Organizing the Type of Prayers with Spiritual Facts



Types of Prayers



Lesson 2 – Prayer Bridge & Types of Prayers

Faith and Your Prayer Life

There are 18 different definitions of faith statements and how it affects your prayer life based on the Substance Withing Prayer Life stages – Birthing, Ministering, Warfaring, Interceding, Listening and Quietness. There is no right / wrong answer

1. Substance of things hoped for - Hebrews 11:1 _____
2. Evidence of things not seen - Hebrews 11:1, 7 _____
3. Invisible backing of elders - Hebrews 11:2 _____
4. Creative power of divine works - Hebrews 11:3 _____
5. Divine testimony of right doing - Hebrews 11:4 _____
6. Cancellation of natural laws - Hebrews 11:5 _____
7. Basis of pleasing God - Hebrews 11:6 _____
8. Dependence upon God's word - Hebrews 11:7 _____
9. Trust in an Unknown future - Hebrews 11:8-10 _____
10. Counting things that be not as though they were - Hebrew 11:11-12, Romans 4:17 _____
11. Seeing the invisible things - Hebrews 11:13-16 _____
12. Assurance of God's Faithfulness - Hebrews 11:17-19, Hebrews 10:23 _____
13. Confidence in things to come - Hebrews 11:20-31 _____
14. Stimulus of Christianity - Hebrews 11:32-12:2 _____
15. The life blood of the just - Hebrews 10:38 _____
16. Shield of Christian armour - Ephesians 6:16 _____
17. Down payment of things desire - Hebrews 3:6, 12-14, 6:11-12, 10:22-23, 10:35-39 _____
18. Guarantee of answered prayer - Matthew 21:22 _____

Lesson 2 – Prayer Bridge & Types of Prayers

Biblical Character's Homework

Lesson 1 - Bible Character - Daniel's Intercessory Prayer

Read Daniel 9:1-24

The angel Gabriel told Daniel he was greatly beloved, identifying his close relationship with God (Daniel 9:23). Though he was well-known publicly to his contemporaries for his wisdom, steadfast faith, and the administration of his civil office in government, in this chapter we have an insight into his private prayer life. The Lord moved Daniel through the reading of the Scriptures to pray for the repentance and restoration of the Jewish people to their land (Daniel 9:2).

1. Preparation for Intercession

Daniel's first approach to his concern was to carefully study the prophecies to determine whether he had a right to expect God to answer his prayer for Israel's restoration. When Daniel understood by the Word of God that he had a *right* to beseech the Lord in this regard, he presented his supplications. Daniel was able to petition the Lord with confidence, for he knew that he was asking the Lord to fulfill prophecy and the eternal covenant made with his forefathers. Effective intercessors pray according to the revealed will of the Lord in His Word.

2. The Content of Intercession

Daniel began his petition by calling to mind the attributes of the Lord that relate to the nature of his request. He set his mind to pray because of the prophetic promises in the Word. He began his prayer by acknowledging the *sovereignty* ("great and dreadful"), *faithfulness* ("keeping the covenant"), and "*mercy*" of the Lord (verse 4). He indicated that according to the nature of the Lord, He not only is *able* to answer the request, but is also *willing* to keep His covenant. He recalled that though God is sovereign, faithful, and merciful, yet He chooses at times to make His actions contingent upon the responses of man to His laws. He acknowledged it was because of Israel's sin that they went into captivity and that God has a right to hold man accountable for his sin.

In this passage we notice three elements of confession.

- (1) Daniel began his confession by acknowledging that the sins of the people were transgressions against the laws of God (verse 5). In addition to direct violations of God's written laws, there was rejection of the

Lesson 2 – Prayer Bridge & Types of Prayers

counsels of the prophets whom God had sent to warn His people of their backslidings (verse 6).

- (2) Daniel enumerated the consequences that resulted from disobeying God. He did not merely call the calamities of his people misfortunes; he attributed their captivity to the fulfillment of prophecy by mentioning the curse against disobedience contained in the Law of Moses (verse 11).
- (3) Daniel affirmed the righteousness of God in bringing judgment upon His own people for their sins (verse 14).

3. Confidence in Intercession

Because Daniel was a man accustomed to prayer, he knew that at this point in time he could be bold with his request. He summarized all the previous parts of his prayer and asked that the Lord would honor the petition. He laid out the explicit *purpose* of his prayer, and then expressed his desire that the Lord would answer.

Prayers can be offered in such a general way that there could never be a discernable answer given. But if we are praying in the will of God and moved by the Spirit to pray this prayer, we may specifically state our petition and *expect* an answer.

4. The Response to Intercession

While Daniel was yet praying, the angel Gabriel brought the answer. In fact, the Lord had given the commandment to send the answer at the beginning of the supplication. Even though none of the physical circumstances had changed, yet Daniel had received the assurance from the Lord that He would honor His Word and grant the request.

5. Our Motivation for Intercession

We can draw lessons from this passage and apply them to our prayer lives. Like Daniel, we need to make the Word of God our regular study so that we come to know the mind of the Lord and learn what we should be praying for. When we are acquainted with God's Word and are moved by the Spirit to specifically intercede for others, we can be bold in our expectations that God is both able and willing to answer the prayer that He is moving us to pray. There can be no stronger motivation given for us to pray than the revealed will of God in His Word coupled with a moving of the Spirit to pray. We know that God intended to keep His covenant promises with Israel, but He chose to fulfill them through intercessory prayer.

Lesson 2 – Prayer Bridge & Types of Prayers

Daniel's intercessory prayer is a good primer on how we can intercede for others in accordance with the will and purposes of God. In the record of this prayer we have an illustration of God's desire to hear and answer those prayers that are prayed for others in accordance with His will and for His glory.

Background of Daniel

He was from the tribe of Judah. When King Nebuchadnezzar captured Israel, Daniel became a prisoner and was sent to Babylon. He was a good-looking young boy. Even at a young age, he was skillful in all wisdom, competent, quick to understand, smart and discerning. He was chosen to serve in the courts of King Nebuchadnezzar and was trained on their literature and language for 3 years.

Set Apart for God

Daniel became set-apart for God. His heart to live for God made him different. So, God granted him favor with the Chief of eunuch who granted him his desire. Daniel and his friends looked healthier than others. God also gave him and his friends knowledge and skills in all literature and wisdom. This means that they excel during their training. They learn better, faster and are smarter. But only Daniel has special skills to understand visions and dreams. After the years of training, bible said that there was no one like them. In fact, they were found to be ten times better than the magicians and astrologers in the kingdom!

Faithfulness

This one of the fruit of the Spirit that Daniel possessed. As a prisoner in a foreign country, he was faithful to his God. He refused to be defiled by the king's delicacies. *Daniel 2:16-18*

Humility

When Daniel received the interpretation to the king's dream, he blessed God. He acknowledged it is God who granted him wisdom and might. Daniel was presented to the king to reveal the secret that no one in the kingdom knows. He said that the secret was revealed to him not because he is wiser than others. ~ *Daniel 2:30*

Lesson 2 – Prayer Bridge & Types of Prayers

Spirit of Excellence

Then this Daniel distinguished himself above the governors and satraps, because an excellent spirit *was* in him; and the king gave thought to setting him over the whole realm. ~*Daniel 6:3*

Dependence on God

Daniel lived during dangerous times. His colleagues were all magicians and astrologers. His success may have caused people to be jealous. The kings that he served were harsh and cruel. He can lose his life anytime. But Daniel has learned to trust and rely on God to deliver him from any situations.

Man, of Prayer

Now when Daniel knew that the writing was signed, he went home. And in his upper room, with his windows open toward Jerusalem, he knelt down on his knees three times that day, and prayed and gave thanks before his God, as was his custom since early days. ~Daniel 6:10

Daniel, a man of prayer

Daniel is a man of prayer. He didn't pray because he has a need or problem. His custom since early days (he's probably an old man now after serving 3 kings) is to go to his upper room, with windows opened, go down on his knees, prayed and give thanks to God. He has a disciplined prayer life. He even has a prayer closet! He gave thanks even during a crisis! For the rest of the chapters, we saw how he intercede for Israel. He asked for understanding and an angel came to help him understand his vision.