**Substance Institute**

**presents**

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# **Module 10 Homework Counseling Young People Therapy**

**Homework – Module 10 – Counseling Young People Therapies**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_**

# **Question 1: What is the Behavioral therapy and the subtypes used for young and why in your own option?**

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# **Question 2: Behavioral therapy may be a good option for addressing what and why in your own option?**

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# **Question 3: Youth may need help / counseling but is not limited to what areas and why in your own option?**

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# **Question 4: What are the four (4) provided by**[**Behavioral Tech**](https://behavioraltech.org/)**?**

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# **Question 5: What does** **Humanistic approaches to therapy include:**

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