

## Substance Institute ~ Counseling Program



# Syllabus

Instructor: Dr. Althea Winifred, Ph.D., Professor &  
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## Substance Institute Counseling Program Syllabus

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Substance Institute - Counseling Program is a course offering a Quality and Affordable Biblical Education. This is a course that is create design to learn about Counseling.

Each class will include a new lesson and a new doctrine, open discussion and require daily/weekly homework of fill in the blanks from the lesson being taught.

**To complete Substance Institute Diploma Program, the following steps are required:**

- Attend all classes.
- You cannot miss 3 consecutive classes (for sample Wk 2, 3 & 4, etc.)
- Participate during each class is required.
- Complete weekly homework and turn in all by the next class.

**The Substance Institute Diploma Program Weekly Homework:**

There will be at least 4 - 8 fill in the blank weekly homework questions. You must right the page number beside you answers. There may be a 100-500-word paper due each week about the Counseling you we are studying. All papers and assignments must be completed by the end to Counseling program to get your Diploma.

**Substance Institute Diploma Program Certificate of Completion:**

After completing the Counseling course, students will receive the **Substance Institute Counseling Program Certificate of Completion** which should be kept in their records.

Your **Substance Institute Diploma Program Certificate of Completion** will be emailed to you within 36 - 72 hours after the course has ended and all assignments are completed. Each course class is about 45 minutes of lecture with 15 minutes question and answer and about 2 hours in homework assignments.



## CLASS SCHEDULE

There are 16 Modules which one can do in

- 4-Months (1 Module per week) /
- 8-Weeks (2 Modules per week) /
- 3-Days Intensive is Personalized to your schedule with either Day / Evening Class these are examples

### Days Classes

- Monday 10:00 am- 2:00 pm, Tuesday 10:00 am- 2:00 pm, & Wednesday 10:00 am- 2:00 pm,
- Thursday 10:00 am- 2:00 pm, Friday 10:00 am- 2:00 pm & Saturday 10:00 am- 2:00 pm

### Evening Classes

- Monday 6:00 - 10:00 pm, Tuesday 6:00 - 10:00 pm & Wednesday 6:00 - 10:00 pm
- Thursday 6:00 - 10:00 pm, Friday 6:00 - 10:00 pm & Saturday 9:00 - 3:00 pm

- Module 1 -** Basic Counseling Pros vs Cons
- Module 2 -** Becoming a Counsellor
- Module 3 -** Theories of Counseling: Humanistic Theories
- Module 4 -** Counseling Skills
- Module 5 -** Theories of Counseling: Psychoanalytic Theories
- Module 6 -** Stress & Depression
- Module 7 -** Theories of Counseling: Cognitive Behavior Theories
- Module 8 -** Counseling Young People
- Module 9 -** Substance Abuse: Alcohol and Drug
- Module 10 -** Life, Love, Sexuality and Partnership
- Module 11 -** The Elderly Death Bereavement Counseling
- Module 12 -** Counseling at Work
- Module 13 -** Types of Clients
- Module 14 -** The Counseling Process
- Module 15 -** Finances, and Legal issues, Counsellor Practices
- Module 16 -** Assessment Process of Clients



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NOTE: The Counseling Program will be emailed to students after the present class. All homework assignments are due by the next class.

Email all assignments, exam, and papers to: [substanceinstitute@gmail.com](mailto:substanceinstitute@gmail.com).

Any questions or unable to attend the class, please Phone: 770-568-1626 or email: [substanceinstitute@gmail.com](mailto:substanceinstitute@gmail.com).

Other courses: Visit us on our website: <http://substanceinstitute.org>

